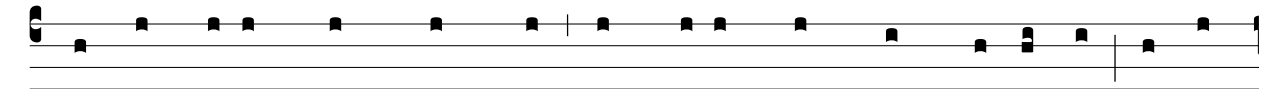
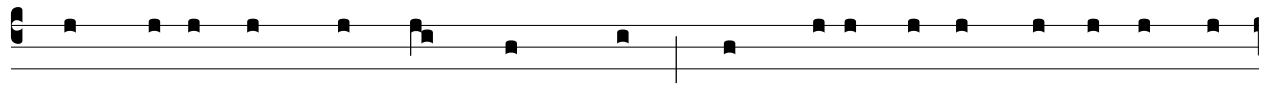


PREFACE III OF LENT

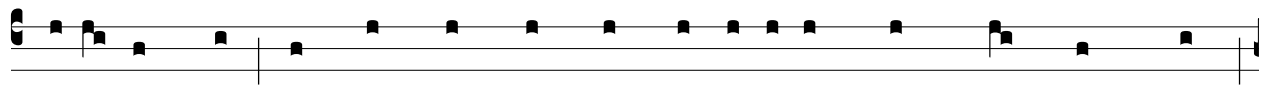
The fruits of abstinence



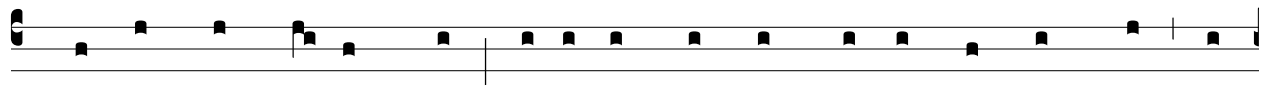
It is truly right and just, our duty and our sal-va-tion, al-ways



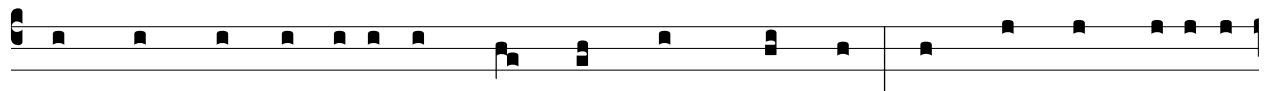
and everywhere to give you thanks, Lord, holy Father, almighty and



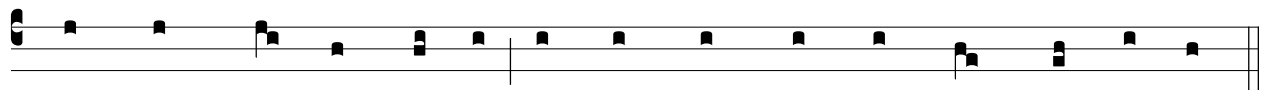
e-ter-nal God. For you will that our self-deni-al should give you thanks,



hum-ble our sin-ful pride, contribute to the feeding of the poor, and



so help us to i-mitate you in your kind-ness. And so we glori-fy



you with count-less An-gels, as with one voice of praise we ac-claim: