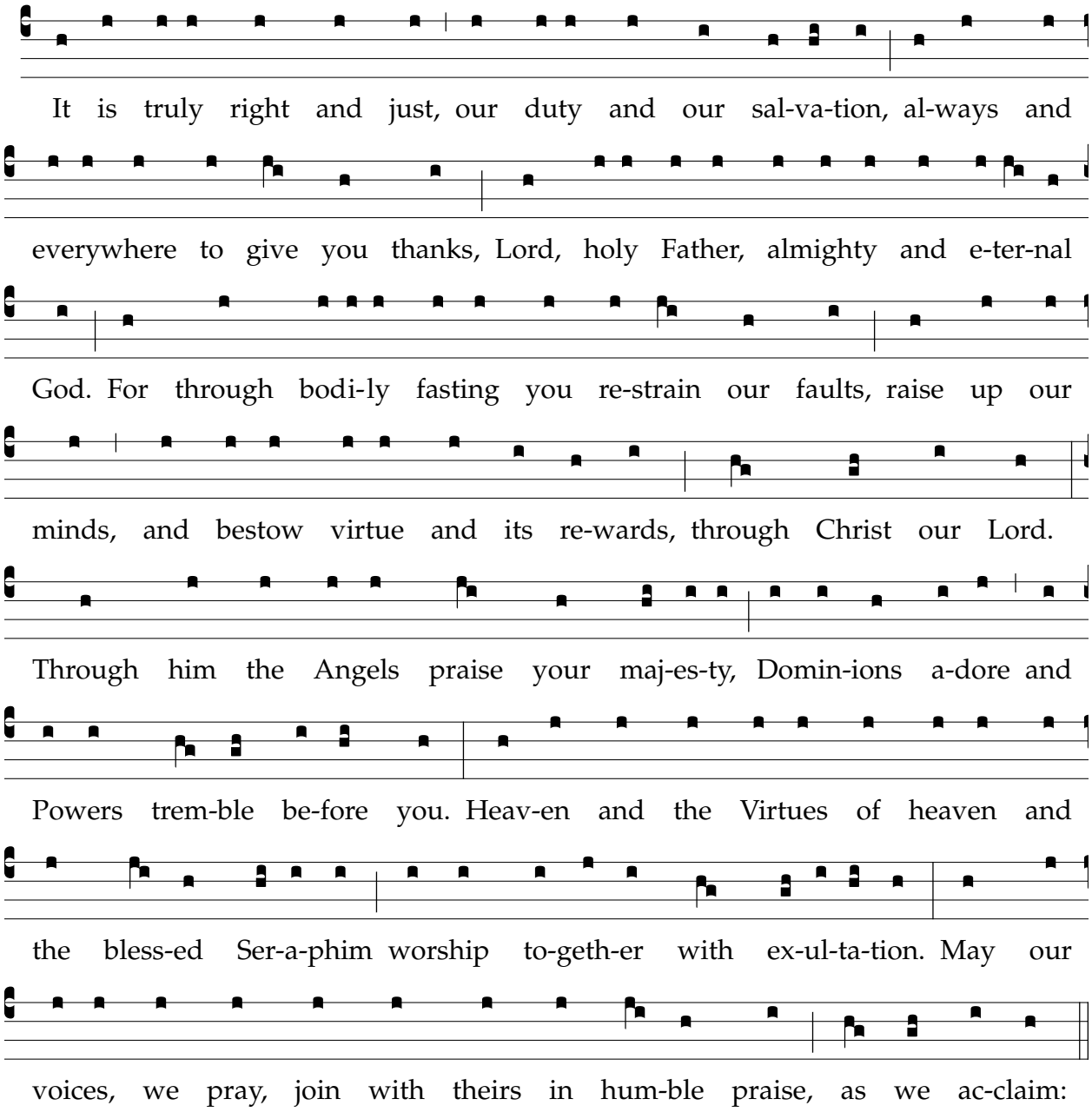
PREFACE IV OF LENT

The fruits of fasting